GRANDMA'S REMEDIES

Get Fair Skin in just 3 Days with this Skin-Whitening DIY Remedy

By bestfolkmedicine · 01/08/2018 · 1 min read



Although living in an urban areas has its perks, women who live there are often exposed to higher level of air pollution which makes their skin more prone to wrinkles and dark spots, which is not necessarily the case with women who live in rural areas, as explained on Alluring Soul.

ezstandalone.cmd.push(function () { ezstandalone.showAds(122); });

Nowadays, besides excessive sun exposure, air pollution and environmental toxins can damage the skin additionally and darken and dull it further. These toxins will cause the pores to clog and result in acne and to make things worse; the acnes tend to leave behind dark spots on the skin. To be able to lighten specific darkened areas of your facial skin, you need to apply the right skin-lightening methods.

Skin lightening is highly recommendable for the removal of blemishes like dark spots, patches of sunburned skin, and birthmarks.

ezstandalone.cmd.push(function () { ezstandalone.showAds(130); });

Homemade Skin Lightening Remedy

You will need:

2 tbsp of rice flour

A tbsp of tomato pulp

A tbsp of raw honey

Raw milk

Preparation: Mix the flour, pulp, and honey well and add as much milk as needed to make the texture paste-like.

Application: Apply the mask onto the affected areas gently and leave it for half an hour. Then, scrub it off. Repeat on the daily for optimal results.

ezstandalone.cmd.push(function () { ezstandalone.showAds(131); });

Additional Ways to Lighten Your Skin Naturally

- ***With the help of lemon juice***
- ***With the help of papaya pulp***
- ***With turmeric powder***
- ***By using aloe vera gel***
- ***With yogurt***
- ***By rubbing the areas gently with orange peels***
- ***With potatoes***
- ***With milk powder***
- ***By using carrots***

- ***With sandalwood***
- ***With oatmeal***
- ***With the help of mint***
- ***With pineapples***
- ***By using kiwis***

Want to learn more about this beneficial skin lightening DIY remedy? Do not forget to check the video below:

Sources:

HEALING LIFE IS NATURAL

ALLURING SOUL

Read online: https://bestfolkmedicine.com/2018/08/get-fair-skin-in-just-3-days-with-this-skin-whitening-diy-remedy/
Downloaded on 24/11/2026

DISCLAIMER: We do not provide medical advice and nothing contained herein shall be construed as medical advice. The contents such as text, comments, graphics, images, videos and other content contained on this site are for informational purposes only. Statements on this website have not been evaluated by the Food and Drug Administration, and are not intended to diagnose, treat, cure or prevent any disease. Always consult your personal physician before starting any fitness or exercise program or changing dietary habits. The content of this site is not intended to be a substitute for professional medical advice, diagnosis, or treatment. It is not a substitute for a medical exam, nor does it replace the need for services or counsel provided by medical professionals.