HOME

13 Major Signs You Have a TOXIC Tooth Infection and How to Treat it WITHOUT Going to the Dentist

By bestfolkmedicine · 25/10/2018 · 3 min read

Toxic tooth infection, more commonly referred to as abscessed tooth, is a dental root infection. The condition is caused by bacteria, and leads to tooth decay. Bacteria get into a dental cavity or a chip in the tooth, and make their way down to the root. If left untreated this causes inflammation and severe pain.

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The tooth under infection loses its ability to fight off bacteria, which allows them to move on and infect the tooth chamber. When the pulp in root dies, pain subsides. This does not mean that infection is over, it will still continue spreading into the surrounding tissue.

If ignored and not treated, the infection can spread to the bone that supports the tooth and it can even cause life threatening issues.

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What causes abscessed teeth is:

- Poor dental hygiene
- Sugar rich diet
- Gingivitis

- Severe tooth decay

In order to prevent any damage you need to notice the symptoms of abscessed tooth early, and some of those are:

- Tooth ache
- Bad breath
- Red gums
- Cheek swelling
- Fever
- Swollen lymph nodes
- Difficulty swallowing food

If for some reason you are unable to visit your dentist, here are some natural remedies for tooth abscesses:

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Oil Pulling

This ancient recipe is an Ayuervedic method. It diminishes the amount of bacteria and toxins, and improves general oral health.

You'll need:

- Warm water
- 1 tablespoon of coconut oil

Directions:

- Swish the tablespoon of oil around your mouth for 15 minutes then spit
- Rinse your mouth with warm water
- Repeat the process two times a day, first and last thing of the day

Garlic

Abundant in anti-inflamants, garlic has the ability to lessen swelling and pain. It is also a potent anti-bacterial remedy.

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You'll need:

- 3-4 cloves of garlic

Directions:

- Peel the garlic cloves
- Crush and squeeze out the juice
- Apply the garlic juice to the abscessed tooth
- Repeat twice a day

Water and salt

This method is what most people go to the first thing they feel a tooth ache. Salt has antibacterial and antiseptic properties which can reduce inflammation and stop the spreading of bacteria.

You'll need:

- 1 glass of warm water
- ½ teaspoon of salt

Directions:

- Mix the salt and warm water
- Rinse your mouth with the mixture and spit out
- Repeat for 3-4 times a day

Hydrogen peroxide

Hydrogen peroxide is a powerful antiseptic, and it's most commonly used for wounds and scratches. However, its antibacterial properties ensure that it can be used to kill off the bacteria that causes

teeth abscess. It also stops the inflammation and pain.

You'll need:

- Baking soda
- Cotton ball
- 2 teaspoons of hydrogen peroxide
- 1 teaspoon of water

Directions:

- Mix hydrogen peroxide with the water
- Rinse your mouth thoroughly and spit the mixture out

Or

- Mix 1 teaspoon of baking soda with hydrogen peroxide to create a paste
- Apply the paste to the abscessed tooth and leave on for a few mintues
- Rinse your mouth with warm water
- Repeat for at least a wekk

Turmeric

A proven anti-inflammatory herb, turmeric is filled with antiseptics and antibiotics, making it the perfect remedy for teeth trouble.

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You'll need:

- Warm water
- 1 teaspoon of turmeric powder

Directions:

- Mix the turmeric powder with a small amount of water to make a paste

- Apply directly to the tooth
- Leave on for 15 minutes, then rinse

Or:

- Mix the turmeric powder with 1 teaspoon olive oil
- Apply to the affected area
- Leave for 15 minutes, then rinse

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