HEALTHY TIPS

Leaked Emails Mention Aspartame Causing Holes in The Brain

By bestfolkmedicine · 28/10/2018 · 2 min read



As emphasized on Real Farmacy, a John Podesta email has been released by WikiLeaks and it reveals the truth about aspartame, an artificial sweetener which appears to be everything, but sweet and healthy.

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The email was forwarded to Podesta by a Wendy Abrams and it says that she has a friend who worked for a team of University at Chicago researchers and that when NutraSweet was administered to laboratory mice, it made holes in their brains! Oh, no!

Brief History of How Aspartame Became Legal after a Ban

Through the correspondence between Abrams and a Don Kennedy, one can clearly see how aspartame became legal.

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Namely, after the inauguration of Ronald Reagan in 1981, the developer of aspartame, *Searle*, applied to the FDA for the approval of using aspartame as a food sweetener for a second time (it had been banned).

The newly-appointed FDA commissioner, Arthur Hayes Hull, appointed a commission comprised of 5 scientists to review the board's decision. Once it was clear that they were going to keep the ban with a 3 to 2 decision, Hull added a 6^{th} member to the commission in order to deadlock the vote in favor of aspartame. The rest is history.

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Clearly Unhealthy & Dangerous, but Continues Being Used: Why?

- **Aspartame has been linked with MS, fibromyalgia, Alzheimer's, Parkinson's, diabetes, lymphoma, lupus, DNA damage, birth defects, and death**
- **According to an FDA report, there are 92 documented aspartame ingestion symptoms, i.e. loss of memory, tiredness, depression, anxiety, vertigo, insomnia, weight gain, tinnitus, blurry vision, seizures, rashes, blindness, numbness, and sexual dysfunction, among others**
- **Aspartame is highly addictive, it can lead to cancer and it is also teratogenic and excitotoxic substance which should definitely not be a part of our diets**

Before heading out, do not forget to check out the video shown below, i.e. a documentary called *Sweet Misery: A Poisoned World* which will show you why you need to stop consuming aspartame once and for all and preserve your health and that of your loved ones.

Want to learn more about aspartame and its impact on your health? Check out this article!

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Sources:

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WISE MIND HEALTHY BODY

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