GRANDMA'S REMEDIES

Apply This Baking Soda And Apple Vinegar Mask For 5 Minutes Daily. You Will Be Amazed By The Results

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Regardless of whether you are a man or a woman, you want to have a good-looking skin, free of acne, pimples, and wrinkles, right? However, today, a lot of people face different skin-related issues and are constantly in the search of a beneficial product or a remedy that will finally help them have a more beautiful skin. Oftentimes, we may even spend a small fortune on store-bought products, but this does not necessarily guarantee that they will work 100 percent for us.

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This being said, it is good to know that there are helpful, natural alternatives that have the power to rejuvenate, detoxify, and refresh your skin. In this article, we will present a DIY facial mask with baking soda that will cleanse your skin from toxins, smoothen it, and boost its health. It is free of side effects and it will bring you one step closer to the skin you always wanted to have…

DIY Baking Soda & ACV Facial Mask

You will need:

A tsp of apple cider vinegar

½ glass of water

½ tsp of baking soda

Juice from half a lemon

Preparation: Mix a tsp of ACV and water. Then, in another bowl, put the baking soda and begin to gradually add the vinegar mixture. Stir and then slowly pour the lemon juice. Combine everything together.

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Use: On a previously cleaned face, apply the mask evenly and leave it on for 15 minutes. Afterwards, wash it off with warm water and then rinse the face with cold water to close the pores.

Repeat on a weekly basis for optimal effect.

Sources:

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