HEALTHY TIPS

Unpleasant Poop Odor? Use DIY “Poop Spray” & Solve the Problem

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Despite how perfect our bodily systems are, especially when it comes to taking in energy through food and removing the waste through urination and excretion, the bodily waste is known to smell unpleasantly.

ezstandalone.cmd.push(function () { ezstandalone.showAds(122); });

The intensity of the odor of waste is a combination of different factors, including our diet, overall health, and the digestive health. In order to mask the unpleasant odors, people reach for store-bought candles

and fresheners, but the problem with these products is that they are consisted of toxic ingredients which pollute your indoor air with VOCs.

And, they have also been linked to reproductive issues, hormone disruptions, allergies, cancer, etc. With this in mind, it is good to know that there are natural solutions to fight off the unpleasant after-poop odor in your bathroom.

ezstandalone.cmd.push(function () { ezstandalone.showAds(130); });
Check out the recipe for the all-natural poop spray you can easily make with a couple of ingredients in your home.

DIY Poop Spray

You will need the following ingredients:

3 oz. of distilled water

A tsp of isopropyl alcohol

40 drops of some essential oil

A glass spray bottle

Preparation: In the bottle, put the isopropyl and the essential oil. Swish to combine everything together and then add the water. Close and swish once more.

ezstandalone.cmd.push(function () { ezstandalone.showAds(131); });
Use: Spray 3 to 4 times of the spray into the toilet bowl before using the toilet. Or, spray it into the air as an air freshener after using the toilet.

The spray works by leaving a layer on top of the water that collects the unpleasant odors from the waste and keeps them under the surface.

ezstandalone.cmd.push(function () { ezstandalone.showAds(132); });
When the waste touches this layer and goes into the water, a pleasant odor from the essential oil releases into the air. It does not just mask the odor, but also leaves the bathroom smelling great.

Sources:

HAPPY MONEY SAVER

DR AXE

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