HEALTHY NEWS

How to Make Homemade Disinfecting Wipes to Wipe Away the Germs

By bestfolkmedicine · 11/08/2020 · 2 min read

Did you know that store-bought cleaning wipes can contain chemical ingredients? One such ingredient is bleach which is known to have several side effects.

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With this in mind, it's good to know that you can avoid these products and make your all-natural homemade disinfectant wipes.

The procedure is so simple and easy and you needn't spend too much. The 4 ingredients will help you keep up a clean space, whether it's your home or your office. This is a very important thing today if we take into account the current pandemic.

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Disinfection and proper hygiene are a must today, more than ever before! The coronavirus is taking away lives and we need to do everything in our power to protect ourselves.

These antibacterial wipes are made with essential oils which are able to fight of the bad bacteria safely.

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Come on; let's check out the prep procedure together!

Homemade Disinfectant Wipes to Wipe Away Germs

For the essential oil, use any of these on the list:

- Bergamot
- Rosemary

- Oregano
- Eucalyptus
- thyme
- Lemongrass
- Orange clove
- Grapefruit
- Cinnamon
- Basil
- Peppermint
- Lavender

The other ingredients you need:

4 cups of water, warm

A tbsp of castile soap

15 drops of 2 essential oils

Reusable cloth wipes

A container

To make it:

Put half of the water in the container and add the soap. Add the essential oils and add the cloths inside. Press them firmly so they soak up the liquid well.

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Add the other half of the water and close and shake the container a bit.

Voila- your disinfectant wipes are ready.

When to Use Your DIY Disinfectant Wipes?

You can use them on doorknobs, cart handles, light switches, remotes, handles of fridges, phones, door handles, and more.

After using them, make sure you dispose of them properly and also wash your hands right away. You can also use gloves when wiping with the wipes if you prefer.

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Sources:

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