FRUITS & VEGGIES

How to Repurpose Old Plastic Containers as Mini Greenhouse for Sprouting Seeds

By bestfolkmedicine · 02/10/2020 · 2 min read

Let's be honest-all of us have probably thrown out at least a dozen of plastic containers, the ones for salads or frozen fruits.

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However, knowing the problem with the immense plastic pollution in the world, it's not uncommon to feel guilty when we do this.

Luckily, repurposing can help you feel less guilty about our mother earth. Of course, you can also pick out compostable plastic alternatives.

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The plastic ones can be repurposed and become something very beneficial-mini greenhouses for seed sprouting. And, you can also use them to grow other sprouted foods from scraps you usually throw out in the kitchen.

When the sun is shining less often in the autumn and winter months, mini greenhouses are an ideal way to grow seedlings indoors.

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You can use various types of plastic containers hanging around; however, make sure their top part is clear and see-through. This is because the goal is to mimic a real greenhouse experience.

How to Use Old Plastic Containers as Mini Greenhouses for Seed Sprouting

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Choose a nutritious soil, for example an organic potting soil mix. You can also use one from the ground you have in your garden.

Clean the plastic containers and dry them well.

Add soil in them and sow seeds. Go two seeds per hole. You can also read the instructions on the seed packaging.

When you've planted all the desired seeds, mist them slightly into the soil. Secure the lid on top. Put the containers in a sunny area and water them only when the soil begins to dry out.

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When they begin to sprout, wait before they hit the top of the greenhouse lid. Take it off after approximately 1 to 2 weeks.

When they grow even larger, begin to set them in the outdoor elements with the lid off. Do this only when the temperatures during day are 15 degrees C or higher.

Overnight, bring the sprouts inside.

Continue with the gradual adjusting to the elements. Once you think they're ready, it's time to plant them.

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Sources:

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GARDENING SOUL

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