FAMILY

Self-Disinfecting Bed Sheets: Automatically Clean Themselves & Don't Need to be Changed

By bestfolkmedicine · 15/03/2021 · 2 min read



Did you know that we spend a third of our day in bed? And, have you ever wondered how many bacteria there are in our bed sheets and pillowcases, even after only a week of using them?

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And, it's more shocking to learn that some people don't even change them weekly-some may go sleeping on the same bed sheets for months!

But, this isn't good news: these sheets are like our clothes. They become dirty easy; we drop food, we drool while we sleep, our pets may lie in our beds, we perspire, and so much more.

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So, it's important to have fresh and disinfected bed sheets as often as possible.

And, if you're on the lazier side, the good news is that there are innovative sheets which don't need to be changed often because they self clean!

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The Innovative Bed Sheets that Need no Washing

Christianshavn is the name of the bed sheets that don't need to be washed. Thanks to their unique material, they self-clean and destroy the microorganisms.

This keeps you safe and reduces any unpleasant odors.

And, they will maintain their cleanliness for much longer than the conventional bed sheets. Made by Nordifakt, the bedding sheet is made using 100 percent organic cotton-so, comfort is guaranteed.

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It has been treated with Polygiene, a treatment using low concentrations of silver chloride with antimicrobial characteristics.

These sheets act as natural disinfectants and their silver ions dissolve the germs. Thanks to these ions, VOCs will be less, mold with grow less often, and your bed sheets will smell fresh.

This treatment is a long-lasting-thus, if you decide to wash them occasionally; you won't reduce its self-cleaning ability.

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And, don't worry about the treatment messing with your skin bacteria-it works only on the surface of the material and doesn't mess up yours. There are no known risks from oral or dermal contact with silver treatments.

Amazing Bed Sheets for the Busier People

This bedding is a great choice-they will help you up the bed's cleanliness, improve your health, and reduce the maintenance needs.

But, in the same time, they're eco-friendly; by not having to wash them weekly, you'll help save tons of water.

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We love the bedding's double stitch edges and the low chance for folded or creased lips. Soon after washing and drying them, you can easily place them on the bed.

The duvet's smart closure is hidden on its backside so don't worry about the duvet getting out of the cover.

Sources:

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