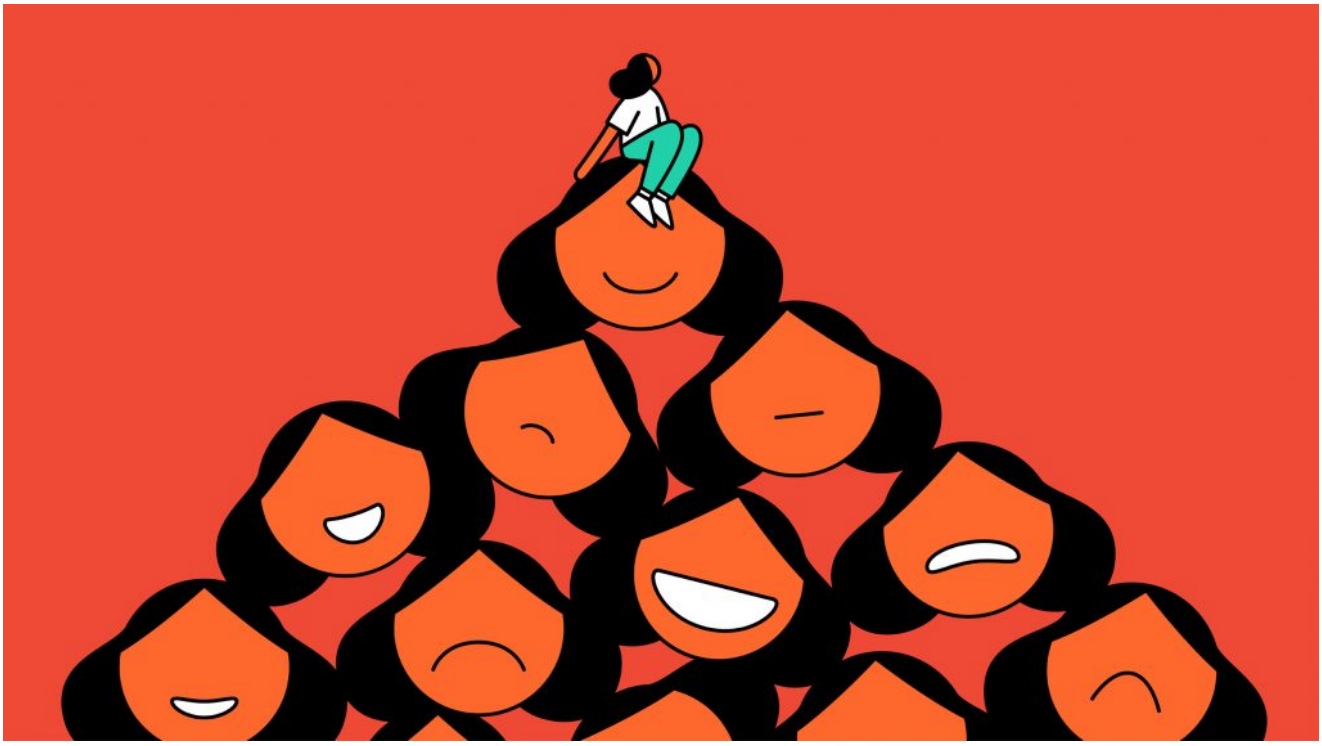
LIFE HACKS

This Is why Toxic People NEVER Admit they're Wrong

By bestfolkmedicine · 11/03/2021 · 2 min read



Toxic people aren't that hard to spot- they use words as weapons and if you pay attention to what and how they say, you can find out who they really are.

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These people act differently when they're alone and when they're in public.

They often talk about others behind their back and when accused or faced of doing so, they will deny it and may even try to transfer the blame to you.

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They rarely accept responsibility for their wrongs and will do everything in their power to show that they're right.

In fact, you'll rarely hear a toxic person admit he/she is wrong or that he/she apologizes.

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Why Toxic People Never Admit their Wrongdoings?

One thing is for sure-we all make mistakes and we do them on a regular basis. Some are smaller and others are larger. And, no one likes being wrong-it feels unpleasant, at the least.

But, it matters how we respond to something when we learn we weren't right about-some people easily accept their faults. Oops, you're right, we should've done that.

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Others struggle to accept their faults and some may even deny them entirely. These people don't just fail to accept their wrongs, but are also pushing through the actual facts.

It means that these people are unable to admit their wrongdoings, no matter the circumstance.

This has to do with their ego or sense of self.

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Some people have a sensitive ego with low self-esteem and admitting a mistake is threatening their egos. It would shatter them entirely if they were to accept a mistake so they have well-developed mechanisms of defence.

They distort reality perceptions and facts to protect their fragile egos and to seem least culpable.

What Happens when You Confront Them?

When you confront a toxic person, you may encounter immediate attack, especially if you keep on insisting or presenting them with the facts.

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Despite the fragile ego, these people seem confident to the external world- people who never back down, traits we tend to associate with strong people.

But, this isn’t any sign of strength, but the opposite, a sign of weakness. Toxic people don’t choose to stand their ground, but are compelled to do it to protect their egos.

Admitting our wrongdoings isn’t pleasant and it bruises our ego. So, it does require emotional maturity and strength to deal with the reality and own up to the things we’ve done.

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A toxic person is constantly unable to admit their wrongs and intolerant of the possibility of being someone who makes mistakes.

They can’t sulk a bit and get over it like others do-but need to work up their defences to ensure they weren’t wrong in the first place.

It’s up to each and every one of us how to respond to these people.

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