FRUITS & VEGGIES

DIY Anti-Wrinkle Night Cream Enriched with Grapeseed Oil

By bestfolkmedicine · 02/06/2022 · 1 min read



Did you know that grapeseed oil is an amazing option for natural skin care?

ezstandalone.cmd.push(function () { ezstandalone.showAds(122); });

Praised for its ability to lower the appearance of wrinkles and help treat them, it's becoming more and more common in DIY and store-bought skin care products.

If you're struggling with wrinkles and want to diminish them, this overnight grapeseed anti-wrinkle cream can be of great aid. It's entirely natural and free of any unpleasant chemicals.

ezstandalone.cmd.push(function () { ezstandalone.showAds(130); });

Why Do Wrinkles Appear in Some People & Not in Others?

Wrinkles are a common occurrence in aging people. As the years go by, the skin changes, and its firmness, brightness, elasticity, and smoothness decrease.

And, some people are more prone to wrinkles than others. The appearance of wrinkles depends on numerous factors, including hormonal, genetic, and metabolic. What's more, there are other, external factors, that also play a role.

ezstandalone.cmd.push(function () { ezstandalone.showAds(131); });
Some of them are improper skin care, unprotected sun exposure, polluted air, insufficient sleep, excessive intake of alcohol, smoking, etc.

In addition to focusing on improving these factors, you can also try this DIY grapeseed night cream.

ezstandalone.cmd.push(function () { ezstandalone.showAds(132); });

DIY Grapeseed Oil Night Cream to Relieve Wrinkles

You'll need:

5 to 10 drops of grapeseed oil

Quality and adequate moisturizing night cream

Add the drops to your night cream.

Use:

Apply the cream every night onto the affected areas, after cleansing.

Why Is Grapeseed Oil Used for Healthier Skin?

- **Moisturizes and softens the skin**

- **Makes the skin stronger**
- **It’s abundant in nutrients, including vitamins C, D, E, and beta carotene**
- **Suitable for all skin types**
- **Doesn’t clog pores**
- **Easily absorbed**
- **Rich in linoleic acid**
- **Useful for treatment of skin scars, stretch marks, etc.**

Sources:

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STEP TO HEALTH

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