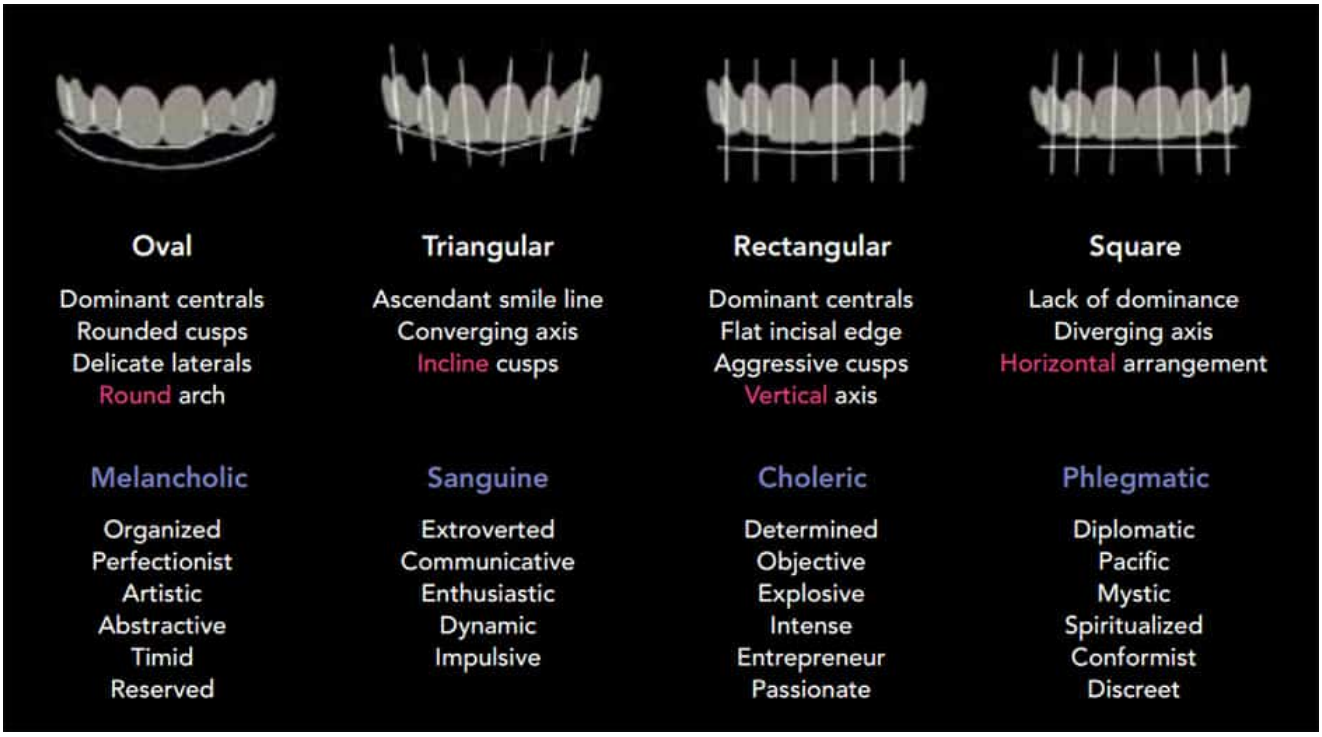
HEALTHY TIPS

Four Surprising Things that Your Teeth Reveal About You

By bestfolkmedicine · 02/07/2022 · 3 min read



Our teeth are our "business cards". They can reveal much about our social status, hygiene, and health.

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A pearly white smile is often associated with wealth, care, and health. Our teeth can also tell a lot about our gender, personality, age, etc.

Sometimes, our teeth can also reveal some of our personality traits and influences others' perceptions of us.

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With this in mind, by simply looking at your teeth in the mirror, you can learn more about your attitude, personality, lifestyle, etc.

Below, learn four surprising facts that your teeth tell about you!

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Four Surprising Facts that Your Teeth Reveal About You

1. **The age**

Your teeth can tell you more about your actual age.

Even when we take optimal care of our teeth, as we age, our teeth are prone to change. When we're younger, our teeth tend to have a more rectangular shape.

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The incisors in young individuals tend to have rounded edges. However, as we age, they tend to shorten and take on a square shape.

This happens because the length of human teeth tends to lower from all the wear and tear happening throughout a lifetime between one and five millimeters.

2. **The personality**

The shape of your teeth can inform others about your personality. Moreover, some oral habits can also reveal more details about who you are. Oval-shaped teeth are usually seen in melancholics.

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These people have teeth with rounded cusps, delicate laterals, and dominant centrals. They tend to be very organized and reserved.

They're perfectionists with an artistic soul. They may be timid and abstract-minded at times. People with triangular teeth have an ascendant smile line and incline cusps. They're said to be sanguines with an extroverted personality and an enthusiastic soul. They're dynamic, impulsive, and very communicative.

People who have square-shaped teeth have diverging axis and horizontally arranged teeth. They have phlegmatic personalities and tend to be diplomatic, pacific, and often mystic.

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They love spirituality and are discreet. The last type is people with rectangular teeth. Their centrals are dominant and their cusps are aggressive. These people are choleric and determined, objective, and explosive.

They have intense personalities and an entrepreneurial spirit. They're passionate individuals.

3. **The biological sex**

According to one study with a 99.8 percent accuracy, men tend to have statistically bigger teeth than women.

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In women, it's common to see longer front teeth that are more rounded in shape. Men tend to have larger lateral incisors and they're also more angular.

4. **The risk of mental diseases**

Our teeth resemble fossils in numerous ways. Namely, they have growth lines, are similar to the rings of trees, and can provide us with important insight into our childhood experiences.

According to research, scientists are trying to find out if the microscopic stress lines on the tooth enamel are able to pinpoint childhood trauma and inform doctors of the need for early intervention.

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Some studies indicate that dentists may be able to identify a kid's risk of mental health issues by checking out their teeth and looking at the data from their family history.

Sources:

THE MIND'S JOURNAL

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