LIFE HACKS

Put Aluminum Foil Balls in Your Laundry & Watch What Happens

By bestfolkmedicine · 18/03/2024 · 2 min read



Aluminum laundry balls are the latest trend that claims to simplify the drying of clothes. Unfortunately, despite the innovative dryer machines we have today, the issue of static cling remains.

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Electrified clothes are something that can annoy even the most experienced housewives out there.

Regardless of the type of drying machine or the type of softener you use, no one guarantees that your clothes will stop electrifying.

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The good news is that there's a simple, inexpensive, and effective method you can try if you want to prevent electrifying laundry.

Aluminum Balls in Your Laundry: Best Way to Prevent Electrifying Clothes?

At first, you may find it weird to put aluminum foil in your laundry and we understand you! However, aluminum foil can prevent the electrifying of fabrics and better the drying process.

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This method is effective because aluminum is known to lower static electricity and better the effects of softeners.

What you need to do to try this method is aluminum foil. You should make several balls of foil and then throw them together with your clothes in the dryer.

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And, the good news is that you don't need to throw away the aluminum balls once the laundry has been dried. You can put them aside and use it next time. The same aluminum balls can be used for up to six months.

Why You Should Try the Aluminum Ball Method When You're Drying Clothes?

All of us love the fresh smell, soft touch, and no static cling that liquid fabric softeners and dryer sheets deliver.

However, what we may not be aware of is that the use of these products may ultimately be more harmful than beneficial.

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This is because fabric softeners contain lots of synthetic chemicals that may cause skin irritation, asthma, reproductive issues, and even elevate the risk of cancer, according to the Environmental Working Group.

This is why we should focus on using as many natural ingredients and products as possible. Aluminum foil balls are a great DIY choice to remove static cling without having to use chemicals.

When laundry tumbles in the dryer, there’s an exchange of electrons. Some pieces become negatively charged and others become positively charged.

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When the cycle is over, the oppositely charged pieces will stick to each other, also known as static cling.

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